

Timetable

| Panel 1 | Panel 2 | Panel 3 | Panel 4 |
|---|--|---|---|
| | | 08.00 DMT Level 1 - Women 11-12 (3) DMT Level 1 - Women 13+ (2) DMT Level 1 - Women 9-10 (2) DMT Level 2 - Women 11-12 (2) DMT Level 2 - Men 11-12 (1) DMT Level 2 - Women 13+ (5) DMT Level 2 - Women 9-10 (1) | |
| | | | 08.35 DMT FIG Dev - Men 15-16 (1) DMT Level 3 - Women 13+ (2) DMT Level 3 - Men 13+ (1) DMT Level 5 - Women 13-14 (3) DMT Level 5 - Women 15+ (4) DMT Level 5 - Women 9-10 (1) DMT Level 6 - Women 11-14 (1) DMT Level 6 - Men 11-14 (1) DMT Level 6 - Men 17+(1) |
| 10.30 TRA Club - Women 13+(10) TRA Club - Men 13+(2) TPD Reg 1 Cat 1 - Men 15+(1) | 10.00 TRA Club - Women 7-8 (12) TRA Club - Men 7-8 (1) | | |
| 11.30 TRA Level 4 - Women 11-12 (1) TRA Level 4 - Men 11-12 (1) TRA Level 4 - Women 13+(18) TRA Level 4 - Men 13+(1) TRA Level 4 - Women 9-10 (1) TRA Level 4 - Men 9-10 (1) | 10.55 TRA Club - Women 9-10 (9) | | |
| | 11.35 TRA Club - Women 11-12 (9) TRA Club - Men 11-12 (2) | | |
| | 12.20 TRA Level 1 - Women 11-12 (7) TRA Level 1 - Men 11-12 (1) TRA Level 1 - Women 9-10 (3) | | |
| 13.15 TRA Level 5 - Women 11-12 (4) TRA Level 5 - Men 11-12 (1) TRA Level 5 - Women 13-14 (3) TRA Level 5 - Men 13-14 (5) TRA Level 5 - Women 9-10 (1) | 13.10 TRA Level 1 - Women 13+ (15) TRA Level 1 - Men 13+(2) | | |
| 14.10 TRA Level 5 - Women 15+(9) TRA Level 5 - Men 15+(2) | | | |
| 15.00 TRA Level 6 - Women 11-14 (4) TRA Level 6 - Men 11-14 (1) TRA Level 6 - Women 15-16 (5) TRA Level 6 - Women 17+(3) TRA Level 6 - Men 17+(1) | 14.20 TRA Level 2 - Women 11-12 (3) TRA Level 2 - Women 13+ (5) TRA Level 2 - Women 9-10 (1) TRA Level 2 - Men 9-10 (1) | | |
| | 15.15 TRA Level 3 - Women 11-12 (1) TRA Level 3 - Women 13+ (6) TRA Level 3 - Men 13+(1) TRA Level 3 - Women 9-10 (2) TRA Level 3 - Men 9-10 (1) | | |

Please note that for all trampolining categories performers will compete immediately after the allocated warm up time. There will be no further warm up.
DMT competitors will receive their allocated warm up time then compete their first two passes. They will then be allowed a further 'two touch' warm up for passes 3 & 4.
NDP 1&2 DMT competitors will compete on a 13mm DMT and all NDP 3+ competitors will compete on a 6mm DMT.