

<u>Trampoline & Tumbling Regional Team Finals and NDP Semi Finals 2019</u> <u>Orientation Timetable – V1.0</u>

Updated 23/05/2019

Entry to stretching area will be 15 mins before warm-up in training hall commences

Friday 7 th June	Stretching area	Training Hall	Field of Play
Group 1	14:30hrs – 15:00hrs	15:00hrs - 15:30hrs	15:30hrs – 16:00hrs
Group 2	15:00hrs – 15:30hrs	15:30hrs - 16:00hrs	16:00hrs – 16:30hrs
Group 3	15:30hrs – 16:00hrs	16:00hrs - 16:30hrs	16:30hrs – 17:00hrs
Group 4	16:00hrs – 16:30hrs	16:30hrs - 17:00hrs	17:00hrs – 17:30hrs
Group 5	16:30hrs – 17:00hrs	17:00hrs – 17:30hrs	17:30hrs – 18:00hrs
Group 6	17:00hrs – 17:30hrs	17:30hrs – 18:00hrs	18:00hrs – 18:30hrs
Saturday 8 th June			
Group 1	17:15hrs – 17:45hrs	17:45hrs – 18:15hrs	18:15hrs – 18:45hrs
Group 2	17:45hrs – 18:15hrs	18:15hrs - 18:45hrs	18:45hrs – 19:15hrs
Group 3	18:15hrs – 18:45hrs	18:45hrs - 19:15hrs	19:15hrs – 19:45hrs
Group 4	18:45hrs – 19:15hrs	19:15hrs - 19:45hrs	19:45hrs – 20:15hrs

Friday 7th June

	Trampoline	Tumbling	DMT
Group 1	Northern Ireland, North of England, London	Scotland, East Midlands	Northern Ireland, South
Group 2	Wales, South West	South West, London	Wales, East Midlands, South West
Group 3	East, South	North of England, South	North of England, Yorkshire, East
Group 4	West Midlands, South East	North West, South East	North West, West Midlands
Group 5	Scotland, North West	Yorkshire, Wales	Scotland,
Group 6	Yorkshire, East Midlands	West Midlands, East	South East, London

Saturday 8th June

	Trampoline	Tumbling	DMT
Group 1	Northern Ireland, North of England, North	North of England, Yorkshire,	North of England, North West, Wales,
	West, East Midlands	-	East Midlands
Group 2	Yorkshire, West Midlands, South East	North West, West Midlands, South	Northern Ireland, West Midlands, South
		West, London	East, London
Group 3	Scotland, Wales, South West	Scotland, Wales, East Midlands	Scotland, South West
Group 4	East, South, London	East, South, South East	Yorkshire, East, South