

North Of England Trampoline Technical Committee
Pre-Competition Information
Club & Regional Competition 2022 – practice competition

The DMT part of this competition will be held at Velocity Gymnastics & Trampoline Club (TS233HB) on the evening of Saturday 6th November 2021 starting at 6pm.

All trampoline categories will be held at Velocity Gymnastics & Trampoline Club (TS233HB) on Sunday 7th November starting at 9am.

We hope you are looking forward to returning to competition after such a long pause due to COVID. We held a successful FIG practice competition and look forward to welcoming everyone back. The competition has over 160 different participants and we must bear in mind the context of rising COVID case rates. As such we can't return to a normal competition format however we have put safety procedures in place to make it as close as possible to historic competition formats.

COVID procedures

1. Timetabling

- a. To limit the number of people in the venue at any point the trampoline competition on Sunday has been split into four groups. Participants should arrive approximately 15 minutes prior to their scheduled time however will not be admitted into the venue until the previous group is complete.
 - b. Upon entering the venue participants and spectators will be required to remain in the registration area until the previous group completes their competition.
 - c. Upon entry into the competition hall spectators are encouraged to spread out as far as possible and competitors should proceed to their warm up area/apparatus.
 - d. As each flight completes the presentations will be conducted ASAP for that flight and all participants and spectators will be required to leave the hall. If they have a sibling in the next group they must re-enter the registration area at the appropriate time.
 - e. To limit numbers of spectators a maximum of two adults (and their dependants) will be permitted to spectate for each participant. Those adults should be relatives of the participant they are watching. Participants will not be permitted to spectate for each other unless they are competing in the same flight or are siblings.
 - f. Coaches, officials and their dependants may approach the competition organiser for a wristband to remain in the premises between flights.
2. No participant, spectator, coach or official should attend the competition if they are displaying COVID symptoms.
 3. Everyone is encouraged to sanitise their hands upon entry to the building.
 4. Face coverings for spectators are strongly encouraged.
 5. Any additional British Gymnastics COVID secure procedures must be followed in addition to the procedures outlined here.
 6. The organisers reserve the right to make any changes they deem necessary, without notice, in order to maintain the safety of anyone attending. This may include removal of spectators from the event.
 7. Anyone failing to follow instructions of organisers will be required to leave the venue.

Timetable Sat. 6th Nov 2021

Panel 5	
18.00	DMT Club 1 - Mixed 7-8 (3) DMT Club 1 - Mixed 9-10 (5) DMT Club 2 - Mixed 9-10 (2) DMT Club 2 - Mixed 11-12 (3) DMT Club 2 - Mixed 13-14 (2)
19.00	DMT Level 1 - Men 9-12 (1) DMT Level 1 - Women 13+ (3) DMT Level 1 - Men 13+ (1) DMT Level 2 - Women 11-12 (1) DMT Level 2 - Women 13+ (4) DMT Level 2 - Men 13+ (1) DMT Level 3 - Women 13-14 (1) DMT Level 3 - Women 15-16 (1) DMD Reg 2 Cat 1 - Men U15 (1)

Timetable Sunday 7th November 2021

Panel 1		Panel 2	
09.00	TRA Club 1 - Mixed 7-8 (5)	09.00	TRA Level 1 - Women 13-17 (17)
	TRA Club 1 - Mixed 9-10 (6)		TRA Level 1 - Men 13-17 (4)
	TRA Club 1 - Mixed 11-12 (1)		
	TRA Club 1 - Mixed 13-14 (1)		
	TRA Club 2 - Mixed 7-8 (7)		
	TRA Club 2 - Mixed 11-12 (3)		
11.00	TRA Club 2 - Mixed 13-14 (3)	11.00	TRA Level 2 - Women 9-10 (2)
	TRA Club 3 - Mixed 7-8 (1)		TRA Level 2 - Women 11-12 (6)
	TRA Club 3 - Mixed 9-10 (8)		TRA Level 2 - Women 13-14 (7)
	TRA Club 3 - Mixed 11-12 (5)		TRA Level 2 - Men 13-14 (1)
	TRA Club 3 - Mixed 13-14 (7)		TRA Level 2 - Women 15+ (6)
	TRA Club 3 - Mixed 15+ (1)		TRA Level 2 - Men 15+ (3)
12.00	TRA Display - Mixed 6 (7)	13.00	TRA Level 3 - Men 9-10 (1)
13.00	TRA Level 1 - Women 7-8 (1)		TRA Level 3 - Women 11-12 (2)
	TRA Level 1 - Men 7-8 (2)		TRA Level 3 - Men 11-12 (1)
	TRA Level 1 - Women 9-10 (4)		TRA Level 3 - Women 13-14 (7)
	TRA Level 1 - Men 9-10 (1)		TRA Level 3 - Women 15+ (10)
	TRA Level 1 - Women 11-12 (15)	15.00	TRA Level 4 - Women 10 (1)
	TRA Level 1 - Men 11-12 (5)		TRA Level 4 - Men 11-12 (1)
15.00	TPD Club 1 Cat 1 - Mixed U15 (1)		TRA Level 4 - Women 13-14 (1)
	TPD Reg 1 Cat 1 - Men U15 (1)		TRA Level 4 - Men 13-14 (1)
	TPD Reg 1 Cat 2 - Men 15+ (1)		TRA Level 4 - Men 15-16 (1)
	TPD Reg 2 Cat 1 - Men U15 (3)		TRA Level 4 - Women 17+ (2)

DMT Club 2 - Mixed 11-12		Panel 5 at 18.00
1	Phoebe Chandler	Carlisle
2	Leo Logan	Carlisle
3	Sophie Lee	Carlisle
DMT Club 2 - Mixed 13-14		Panel 5 at 18.00
1	Isabel Wakefield	Carlisle
2	Chloe Evans	Carlisle
DMT Club 1 - Mixed 7-8		Panel 5 at 18.00
1	Troy Holliday	Carlisle B
2	Bobby Dowell	Carlisle B
3	Minnie Richardson	Carlisle B
DMT Club 1 - Mixed 9-10		Panel 5 at 18.00
1	Amelia Martin	Carlisle A
2	Lily Thompson	Carlisle A
3	Toby Wilson	Carlisle
4	Faye Trotter	Carlisle A
5	Sophie Reed	Carlisle A
DMT Club 2 - Mixed 9-10		Panel 5 at 18.00
1	Elizabeth Rear	Velocity
2	Kylah Miller	Carlisle
DMT Level 2 - Women 11-12		Panel 5 at 19.00
1	Belle Holliday	Carlisle
DMT Level 3 - Women 13-14		Panel 5 at 19.00
1	Emily Trotter	Carlisle
DMT Level 1 - Women 13+		Panel 5 at 19.00
1	Abbie Johnson	Velocity
2	Bella Richardson	Carlisle
3	Evie Thompson	Carlisle
DMT Level 2 - Women 13+		Panel 5 at 19.00
1	Scarlett Lancaster	Velocity
2	Jemma Salkeld	Carlisle
3	Caitlyn Turnbull	Velocity
4	Kira Holliday	Carlisle
DMT Level 3 - Women 15-16		Panel 5 at 19.00
1	Jessica Hoar	Velocity
DMT Level 1 - Men 13+		Panel 5 at 19.00
1	Daniel Miller	Carlisle
DMT Level 2 - Men 13+		Panel 5 at 19.00
1	Lee Galante	Velocity
DMT Level 1 - Men 9-12		Panel 5 at 19.00
1	Michael Sweeney	Carlisle
DMD Reg 2 Cat 1 - Men U15		Panel 5 at 19.00
1	Joseph Brown	Velocity
TRA Club 1 - Mixed 11-12		Panel 1 at 9.00
1	Blake Reader	Apollo
TRA Club 2 - Mixed 11-12		Panel 1 at 9.00
1	Sophie Lydon	Apollo
2	Ruby Frankland	Aeronauts
3	Dulcie Ord	Apollo
TRA Club 3 - Mixed 11-12		Panel 1 at 11.00
1	Amy Kleinfeldt	Aeronauts
2	Sophie Pledger Hayward	Wansbeck
3	Rosie Bell	Park Elite
4	Daisy Fraser	Apollo

5	Evie Orley	Aeronauts
TRA Club 1 - Mixed 13-14		Panel 1 at 9.00
1	Amelie Fawcett	Park Elite
TRA Club 2 - Mixed 13-14		Panel 1 at 9.00
1	Charlie Hutchinson	Apollo
2	Lila Fawcett	Park Elite
3	Grace Wheeler	Aeronauts
TRA Club 3 - Mixed 13-14		Panel 1 at 11.00
1	Chloe Clennell	Park Elite
2	Joe Stokle	Aeronauts
3	Isobella Bunter	Aeronauts A
4	Logan Milton	Aeronauts
5	Izzy Davies	Aeronauts A
6	Scarlett Anderson	Aeronauts A
7	Lara Patterson	Wansbeck
TRA Club 3 - Mixed 15+		Panel 1 at 11.00
1	Ruby O'Connor	Apollo
TRA Display - Mixed 6		Panel 1 at 12.00
1	Arriana Razzaq	Velocity
2	Madison Bird	Velocity
3	Esme Burn	Velocity
4	Reuben Collins	Velocity
5	Ella Williams	Velocity
6	Owen Reid	Velocity
7	Tabitha Kouache	Aerodyne
TRA Club 1 - Mixed 7-8		Panel 1 at 9.00
1	Jessica Shaw	Wansbeck
2	Nancy Holland	Apollo
3	Isabelle Robins	Velocity
4	Matilda Griffin	Wansbeck
5	Emilia Mott	Velocity
TRA Club 2 - Mixed 7-8		Panel 1 at 9.00
1	George Robinson	Velocity A
2	Alexis Reid	Velocity A
3	Rebekah Shore	Apollo
4	Tristan Scott	Apollo
5	Alice Rear	Velocity A
6	Aidan Rear	Velocity A
7	Georgina Charlton	Apollo
TRA Club 3 - Mixed 7-8		Panel 1 at 11.00
1	Pippa Rowan	Velocity
TRA Club 1 - Mixed 9-10		Panel 1 at 9.00
1	Morgan McCarthy	Wansbeck A
2	Heidi Roworth	Apollo
3	Jorja Clementson	Aeronauts
4	Charlotte Pledger Lowes	Wansbeck A
5	James Edgar	Wansbeck A
6	Grace Brice	Apollo
TRA Club 3 - Mixed 9-10		Panel 1 at 11.00
1	Robyn Fisher	Velocity A
2	Jessica Milborrow	Apollo
3	Sophie Delf	Wansbeck A
4	Amelia Hudspeth	Wansbeck A
5	Isobel Illingworth	Velocity A

6	Lauren Brown	Wansbeck A
7	Izzy Cobbledick	Wansbeck A
8	Sophia Hollins	Velocity A
TPD Club 1 Cat 1 - Mixed U15		Panel 1 at 15.00
1	Charlie Armstrong	Apollo
TRA Level 4 - Women 10		Panel 2 at 15.00
1	Kylah Miller	Carlisle Trampoline Club
TRA Level 1 - Women 11-12		Panel 1 at 13.00
1	Faye Robinson	Park Elite
2	Olivia Lawson	Wansbeck A
3	Lacey Congdon	Velocity A
4	Charlotte Nicoll	Park Elite
5	Sophie Lee	Carlisle Trampoline Club
6	Amy Hay	Apollo A
7	Freya Bingham	Velocity A
8	Halle Walters	Velocity A
9	Annabel O'Connor	Apollo
10	Eloise Holmes	Apollo A
11	Jessica Delf	Wansbeck A
12	Ava Faulkner	Apollo A
13	Mya Teasdale	Wansbeck A
14	Olivia Kean	Apollo A
15	Claudia Hollins	Velocity A
TRA Level 2 - Women 11-12		Panel 2 at 11.00
1	Alice Cullen	Apollo
2	Grace Cowans	Wansbeck A
3	Charlotte Cowans	Wansbeck A
4	Darcy Donnison	Wansbeck A
5	Phoebe Chandler	Carlisle Trampoline Club
6	Ava Henderson	Wansbeck A
TRA Level 3 - Women 11-12		Panel 2 at 13.00
1	Ciara Hanson	Velocity
2	Emma Beckett	Belle Vue
TRA Level 2 - Women 13-14		Panel 2 at 11.00
1	Cerys Dewison	Wansbeck
2	Autumn Jones	Velocity A
3	Chloe Evans	Carlisle Trampoline Club
4	Georgia Brown	Velocity A
5	Chloe Brown	Wansbeck
6	Tilly Suggitt	Velocity A
7	Mabel Gilder	Park Elite
TRA Level 3 - Women 13-14		Panel 2 at 13.00
1	Bronwyn Anderson	Velocity
2	Fern Barlow	Park Elite
3	Lily Errington	Aeronauts
4	Phoebe Selkirk	Belle Vue
5	Ava Bourne	Velocity
6	Bella Richardson	Carlisle Trampoline Club
7	Emily Silmon	Park Elite
TRA Level 4 - Women 13-14		Panel 2 at 15.00
1	Isabel Wakefield	Carlisle Trampoline Club
TRA Level 1 - Women 13-17		Panel 2 at 9.00
1	Josie Ellery	Wansbeck A
2	Millie Barker	Wansbeck A

3	Chloe Beckham	Belle Vue
4	Imogen Danks	Velocity B
5	Jessica Darcy	Velocity C
6	Freya Mole	Wansbeck A
7	Chloe Gibson	Aerodyne
8	Lottie Smith	Velocity C
9	Lola Armstrong	Park Elite
10	Georgia Casans	Velocity B
11	Emily Murgatroyd	Velocity B
12	Lucy Dixon	Park Elite
13	Shannon Hanson	Velocity A
14	Shannon Reed	Wansbeck A
15	Isabel Best	Velocity A
16	Abbie Johnson	Velocity A
17	Heidi Lavelle	Velocity C
TRA Level 2 - Women 15+		Panel 2 at 11.00
1	Ava Brooman	Wansbeck
2	Holly Taylor	Apollo
3	Emma Smith	Carlisle Trampoline Club
4	Anna Redshaw	Wansbeck
5	Katie Finlayson	Aeronauts
6	Emily Bell	Belle Vue
TRA Level 3 - Women 15+		Panel 2 at 13.00
1	Amy Blaylock	Carlisle Trampoline Club
2	Emily Benvin	Aeronauts
3	Kathryn Smith	Park Elite
4	Talia Lancaster	Velocity A
5	Scarlett Lancaster	Velocity A
6	Tiani Graham	Belle Vue
7	Jennifer Grubey	Velocity A
8	Evie Thompson	Carlisle Trampoline Club
9	Amelia Stephenson	Park Elite
10	Clara O'Hara-Hope	Aerodyne
TRA Level 4 - Women 17+		Panel 2 at 15.00
1	Laura Hill	Belle Vue
2	Jemma Salkeld	Carlisle Trampoline Club
TRA Level 1 - Women 7-8		Panel 1 at 13.00
1	Minnie Richardson	Carlisle Trampoline Club A
TRA Level 1 - Women 9-10		Panel 1 at 13.00
1	Amelia Martin	Carlisle Trampoline Club
2	Elizabeth Rear	Velocity
3	Sophie Reed	Carlisle Trampoline Club
4	Jessica Redford	Wansbeck
TRA Level 2 - Women 9-10		Panel 2 at 11.00
1	Lily Thompson	Carlisle Trampoline Club
2	Faye Trotter	Carlisle Trampoline Club
TRA Level 1 - Men 11-12		Panel 1 at 13.00
1	Ashton Moore	Velocity
2	Leo Logan	Carlisle Trampoline Club
3	Liam Kemmish	Wansbeck
4	Jude Rogalski	Velocity
5	Aaron Neil	Aeronauts
TRA Level 3 - Men 11-12		Panel 2 at 13.00
1	Oliver Oakes	Apollo

TRA Level 4 - Men 11-12		Panel 2 at 15.00
1	Michael Sweeney	Carlisle Trampoline Club
TRA Level 2 - Men 13-14		Panel 2 at 11.00
1	Tom Smiles	Wansbeck
TRA Level 4 - Men 13-14		Panel 2 at 15.00
1	Daniel Miller	Carlisle Trampoline Club
TRA Level 1 - Men 13-17		Panel 2 at 9.00
1	Thomas Brundle	Apollo
2	Max Hughes	Aeronauts
3	Andrew Scott	Apollo
4	Joseph Tate	Aerodyne
TRA Level 4 - Men 15-16		Panel 2 at 15.00
1	Lee Galante	Velocity
TPD Reg 1 Cat 2 - Men 15+		Panel 1 at 15.00
1	Connor Gallighan	Aeronauts
TRA Level 2 - Men 15+		Panel 2 at 11.00
1	Connor Shore	Apollo
2	Jacob Thompson	Belle Vue
3	Marshall Burton	Aeronauts
TRA Level 1 - Men 7-8		Panel 1 at 13.00
1	Troy Holliday	Carlisle Trampoline Club A
2	Bobby Dowell	Carlisle Trampoline Club A
TRA Level 1 - Men 9-10		Panel 1 at 13.00
1	Toby Wilson	Carlisle Trampoline Club
TRA Level 3 - Men 9-10		Panel 2 at 13.00
1	James Duff	Velocity
TPD Reg 1 Cat 1 - Men U15		Panel 1 at 15.00
1	Zac Malcolm	Velocity
TPD Reg 2 Cat 1 - Men U15		Panel 1 at 15.00
1	Joseph Brown	Velocity A
2	James Morris	Velocity A
3	Joseph Nicholson	Velocity A